

Why not try walking?

Walking is a great alternative to many forms of motorised transport. It is a terrific way to explore Wiltshire's many urban centres and take in the sights and sounds on foot. It can leave you feeling refreshed and energised before starting work and it also offers you valuable time to relax and unwind after a hard day in the office.

There are other benefits associated with walking; some of these might encourage you to start walking:

- · Guaranteed arrival time
- No parking problems
- Time for you to relax and unwind
- · Reduces congestion, good for the environment and your local area
- It is free

How can I make walking more fun?

- · Find someone to walk with so you can chat as you walk
- Use an MP3 player so you can listen to your favourite music or podcasts as you go
- Use a pedometer to measure your average daily steps then steadily try to increase the amount



Connecting Wiltshire

Further information about travel in Wiltshire can be found on www.connectingwiltshire.co.uk

The Town of Warminster

Warminster, with its scenic background of brooding hills, is a small market town attractively situated on the edge of Salisbury Plain. The town has a population of over 23,000, including the residents of the garrison.

The town dates back to Saxon times, with the Domesday Book of 1086 recording a population of 400 in Warminster, although there is evidence in the surrounding hills of prehistoric dwellings. It was granted a market in 1204, and John Aubrey in his Natural History of Wiltshire remarked that by the middle of the 17th century Warminster had 'the greatest corn-market by much in the West'. Other trades grew from this, including maltings, cloth production and iron founding. It was the corn and cloth trades in particular that gave rise to the attractive architecture that can still be seen in the town centre today. However, the building of the Corn Exchange in 1855 was not enough to slow the decline in trade that had been accelerated by the arrival of the railway in Warminster in 1851, and by 1900 the corn market was

Warminster is now focusing its attention on developing its retail, leisure, service and tourist industries, by following various initiatives aimed at keeping the town vibrant and

Warminster Town Council

Address: Civic Centre, Sambourne Road BA12 8LB **Tel:** 01985 214847

Email: admin@warminster-tc.gov.uk

Website: www.warminster-tc.gov.uk

Office opening hours: Monday—Friday 9.00am—4.30pm

Warminster Library

Address: Three Horseshoes Walk, Warminster BA12 9BT

Tel: 01985 216022

Email: libraryenquiries@wiltshire.gov.uk **Website:** www.wiltshire.gov.uk/librarylocations

Opening times:

Mon 10.00am-7.00pm Tues 9.30am-5.00pm Wed 9.30am-12.30pm Thurs 9.30am—7.00pm Fri 9.30am-5.00pm Sat 9.30am-4.00pm



How can I fit walking into my day?

Walking is a great way of taking more exercise each day without having to greatly alter your daily routine. Have you considered..

- Walking to the shops
- Taking a regular walk with a friend
- Leaving the car behind for short journeys
- Walking the kids to school
- · Getting off the bus a stop early and walking the rest of the journey
- Using the stairs instead of the lift
- · Going for a stroll with family or friends after dinner

Do you only live a couple of miles from work?

Not sure how far it really is? Why not visit www.connectingwiltshire.co.uk to help plan your route, provide a journey time and distance and tell you how many calories you can burn on the way.



Walking in Warminster

The town of Warminster provides many opportunities to enjoy walking, whether it is a trip to the shops or taking children to the playground. Besides the network of paths shown on this map, the town is surrounded by public Rights of Way – see Ordnance Survey Explorer Map No 143 and many acres of Ministry of Defence Land are accessible

Access across SPTA is subject to Byelaws and as such some area may be restricted at certain times or permanently. ALL public access is prohibited if you see Red Flags flying during the day or Red Lights at night. Further information can be found at

https://www.gov.uk/government/publications/wiltshire-

As well as the Tuesday Group of Get Wiltshire Walking, three walking groups meet regularly providing opportunities to explore the area with experienced leaders.

Warminster Walkers

www.warminster-tc.gov.uk/clubs/walkers/index.php U3A Walking Group

www.U3Asites.org.uk/warminster **West Wilts Ramblers**

www.ramblers.org.uk/west-wiltshire

Warminster is also close to three Long Distance Footpaths:

Imber Range Perimeter Path

https://www.gov.uk/government/publications/salisbury-plainimber-range-perimeter-path

A 30-mile (48 km) circular walk around the Imber Live Firing Range giving views across Salisbury Plain and surrounding Wiltshire and Somerset countryside. The path passes within 0.5 km of Warminster town centre.

https://www.ldwa.org.uk/ldp/members/show_path.php?path_ name=Wessex+Ridgeway

136 mile (219 km) route from Marlborough in Wiltshire to Lyme Regis in Dorset, taking in the northern edge of Salisbury Plain, with a section from Westbury to Heytesbury passing close to Warminster

Mid Wilts Way

www.ldwa.org.uk/ldp/members/show_path.php?path_ name=Mid-Wilts+Wav 68-mile (109km) route from Ham, south of Hungerford, to

Mere, skimming the western perimeter of the town on its way between Upton Scudamore and Horningsham.

Get Wiltshire Walking

"Get Wiltshire Walking" is a Public Health funded project, which aims to ensure every community within the county has access to a FREE weekly led walk.

Walking is the lowest risk of all physical activities yet produces massive benefits to physical fitness and mental wellbeing. This is a great way to explore your own local area and can be an excellent way to make new friends and learn more about your immediate community. Currently there are 31 weekly led walks in 18 locations throughout the county. You are welcome to join any number of these walks providing you are independently mobile and able to meet the physical demands of the walk. Unfortunately no dogs are allowed.

Did you know?

You'll typically use between 300 and 400 calories by walking 10,000 steps



Three Short Walks under one hour

Smallbrook Meadows Nature Reserve—an easily accessible level route away from the traffic and close to the town centre.

Start: Lake Pleasure Grounds or car park on Smallbrook

Paths from the park to Smallbrook Road are suitable for buggies and wheel chairs. A circular walk around the reserve follows the banks of the River Wylye and continues the circuit on a boardwalk.

Cop Heap and Memorial Gate—an interesting look at a town memorial with climb to routes which give good views over Warminster. Start: Central Car park

From behind the Surgery walk along the Avenue turning left up to the railway station. From the far side the path continues up to Cop Heap Lane. Cross over and climb the Memorial Path to the Lych Gate (a memorial to those who

Once through the gate there are a variety of circuits that can be made around the hill either returning down the same path or by leaving the field by the gate onto Elm Hill and walking down Portway and Bartholomews Lane.

gave their lives in two world

wars).

Warminster Common—a short circuit around an open area of public land. Start: Tesco Metro on Broadway

From roundabout take South Street and walk up hill passing Maddox Hill on the left. Turn right following Byway sign leading to Warminster Common. To complete a circuit follow the footpath around boundary keeping in front of the Heathlands. After the playground turn right then left down a narrow footpath running beside the allotments. At the gateway turn left down Bread Street, left into Chapel Street and onto Fore Street leading back to Tesco roundabout.

Warminster Group of Get Wiltshire Walking

Started in 2011, the Warminster group meets every Tuesday at 9.30am outside the Community Hub in the Central Car Park.

We have three separate walks for different levels of fitness (Striders, Strollers and Starters) and try to vary our routes each week.

Striders walk for between 60 and 90 mins across variable terrain, which may contain some gradients. Strollers walk for between 45 and 60 mins with regular pauses on variable terrain.

Starters walk for around 30 mins and are on flat, stable terrain with frequent pauses.

Each group is led by a trained volunteer leader and all end up meeting for coffee.

No charge is made and there is no need to let anyone know if you will be walking or not. Initial registration is required and names are ticked off on a register each week.

Anybody is welcome to join so why not give it a go? For more details see www.walkingforhealth.org.uk/walkfinder/ get-wiltshire-walking

"The Walking Group has been life-changing for me - so many friends, so quickly!" Nuy Smith.



Wessex Multiple

Warminster

400 metres

Civic Centre

Library

Church

Point of Interest

---- Public Rights of Way

Hospital/Surgery

Warminster Community Hub

••••• Footpaths

Scale 1:2,666

Warminster Community Hub

Address: Central Car Park, Warminster, BA12 9BT Tel: 01985 218548

Email: discover@warminstercommunityhub.co.uk Website: www.warminstercommunityhub.co.uk

Opening hours:

Monday, Wednesday & Thursday: 10.00am-4.00pm Tuesday, Friday & Saturday: 10.00am—1.00pm

Warminster Community Hub has details of local walking groups together with leaflets about walks and cycle tracks in the area. Besides information about the surrounding countryside and local tourist attractions the Hub provides lists of accommodation in and around Warminster— B&Bs, guesthouses, hotels, pubs, country inns, farmhouses, self-catering, cottages, camping and caravanning.

Warminster Community Hub is staffed entirely by volunteers with support from Warminster Town Council and Warminster and Villages Community Trust.



Pedestrian map

Get Wiltshire Walking

Created by volunteers from Warminster group of

Warminster

About this map



All details and information on this leaflet have been provided by volunteers from the Warminster Group of Get Wiltshire Walking. Since 2011 members can be found every Tuesday morning meeting at 9.30 in the Central Car Park. Besides the regular exercise and opportunity to be outdoors, the group has enjoyed discovering paths we never knew existed in areas never before visited

Our trained volunteer leaders have the task each week of finding a circular route, which will bring us back to the start in the required time. This map has been created to both neip leaders plan a route and encou to explore their neighbourhood on foot. We have been surprised by the diversity of terrain and scenery and how easy it has been to escape pavements and traffic to find scenic and tranquil corners.

We believe that walking regularly around the town has put us in a unique position to know its footpaths and hope that we are able to pass on our knowledge with this map. A big thank you must go to all those volunteers who have generously given up their time to create it by walking the footpaths and marking up the copy. We hope it will be used and enjoyed by both Warminster residents and visitors alike.

Our original map was launched in June 2017. We are grateful to Wiltshire Council, for this second reprint funded by a community grant from Warminster Area Board.

VC October 2019

Copies are available from Warminster Library, Community Hub and Civic Centre as well as on line: www.warminster-tc.gov.uk/warminster/documents/ WarminsterWalkingMap_000.pdf

This leaflet has been produced by Lovell Johns Ltd